

THE TWELVE STEPS

1. We admitted we were powerless over alcohol – that our lives had become unmanageable.
2. Came to believe that a Power greater than ourselves could restore us to sanity.
3. Made a decision to turn our will and our lives over to the care of God as we understood Him.
4. Made a searching and fearless moral inventory of ourselves.
5. Admitted to God, to ourselves, and to another human being the exact nature of our wrongs.
6. Were entirely ready to have God remove all these defects of character.
7. Humbly asked Him to remove our shortcomings.
8. Made a list of all persons we had harmed, and became willing to make amends to them all.
9. Made direct amends to such people wherever possible, except when to do so would injure them or others.
10. Continued to take personal inventory and when we were wrong promptly admitted it.
11. Sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only for knowledge of His will for us and the power to carry that out.
12. Having had a spiritual awakening as the result of these steps, we tried to carry this message to others, and to practice these principles in all our affairs.

The Steps, Traditions and Preamble are reprinted with permission of Al-Anon Family Group Headquarters, Inc. Copyright Al-Anon Family Group Headquarters, Inc.

SERENITY PRAYER

God, grant me the serenity to accept the things I cannot change, courage to change the things I can, and wisdom to know the difference.

THE TWELVE TRADITIONS

1. Our common welfare should come first; personal progress for the greatest number depends upon unity.
2. For our group purpose there is but one authority -- a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants -- they do not govern.
3. The relatives of alcoholics, when gathered together for mutual aid, may call themselves an Al-Anon Family Group, provided that, as a group, they have no other affiliation. The only requirement for membership is that there be a problem of alcoholism in a relative or friend.
4. Each group should be autonomous, except in matters affecting another group or Al-Anon or AA as a whole.
5. Each Al-Anon Family Group has but one purpose: to help families of alcoholics. We do this by practicing the Twelve Steps of AA ourselves, by encouraging and understanding our alcoholic relatives, and by welcoming and giving comfort to families of alcoholics.
6. Our Family Groups ought never endorse, finance or lend our name to any outside enterprise, lest problems of money, property and prestige divert us from our primary spiritual aim. Although a separate entity, we should always cooperate with Alcoholics Anonymous.
7. Every group ought to be fully self-supporting, declining outside contributions.
8. Al-Anon Twelfth Step work should remain forever nonprofessional, but our service centers may employ special workers.
9. Our groups, as such, ought never be organized; but we may create service boards or committees directly responsible to those they serve.
10. The Al-Anon Family Groups have no opinion on outside issues; hence our name ought never be drawn into public controversy.
11. Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio, films, and TV. We need guard with special care the anonymity of all AA members.
12. Anonymity is the spiritual foundation of all our Traditions, ever reminding us to place principles above personalities.

SOUTH CAROLINA DISTRICT 8 AL-ANON & ALATEEN MEETING DIRECTORY



May 21, 2022

This directory is NOT to be used as a mailing list or for any form of solicitation or commercial venture.

DISTRICT 8 INFORMATION:

843-449-0187 www.al-anon-sc.org
Al-Anon Family Group Headquarters, Inc.
1-800-344-2666, 8AM - 6PM EST, Mon-Fri
www.al-anon.org

AL-ANON PREAMBLE

The Al-Anon Family Groups are a fellowship of relatives and friends of alcoholics who share their experience, strength, and hope in order to solve their common problems. We believe alcoholism is a family illness and that changed attitudes can aid recovery. Al-Anon is not allied with any sect, denomination, political entity, organization, or institution; does not engage in any controversy; neither endorses nor opposes any cause. There are no dues for membership. Al-Anon is self-supporting through its own voluntary contributions. Al-Anon has but one purpose: to help families of alcoholics. We do this by practicing the Twelve Steps, by welcoming and giving comfort to families of alcoholics, and by giving understanding and encouragement to the alcoholic.

MONDAY

10 AM GEORGETOWN AFG,
Alano Club, 611 Church St, Georgetown

3 PM DAILY READERS AFG Trinity
Presbyterian, 2061 Glens Bay Rd. Surfside
Beach

6 PM MURRELLS INLET AFG,
Presbyterian Church, 4499 Hwy 17 Bypass.

8 PM NEW BEGINNINGS OF N MYRTLE
BEACH AFG, 8521 Hwy. 90, North Myrtle
Beach

TUESDAY

9:30 AM SERENITY SEEKERS AFG,
Alano Club, 67 th Ave N. & BP 17, Myrtle
Beach

8 PM ** CONWAY FRIENDSHIP AFG, First
United Methodist Family Center 1101 Fifth
Ave, Conway

8 PM ** GRACE AFG, Alano Club, 67th
Ave N. & BP 17, Myrtle Beach

8 PM WAVE RIDERS ALATEEN, Alano
Club, 67th Ave N. & BP 17, Myrtle Beach

WEDNESDAY

10 AM ISLAND SERENITY AFG, Holy
Cross Faith Memorial, 113 Baskerville Drive,
1st. Building on LEFT, Pawleys Island

7 PM MIDWAY AFG, The Church of the
Resurrection, Disciple House, 8901
Highway Bypass 17 S., Surfside

THURSDAY

3 PM DAILY READERS AFG (Step Study),
Face to Face at Trinity Presbyterian, 2061
Glens Bay Rd., Surfside Beach

6:30 PM NEW HOPE AFG, Timberlake
Baptist, 9850 SC-Hwy 707, Myrtle Beach

7 PM UNITY AFG, (women only/hybrid)
Trinity Presbyterian

8 PM ** GRACE AFG Alano Club, 67th Ave
N. & BP 17, Myrtle Beach

FRIDAY

9:30 AM SERENITY SEEKERS AFG,
Alano Club, 67th Ave N. & BP 17, Myrtle
Beach

10 AM GEORGETOWN AFG, Alano Club,
611 Church St., Georgetown (Step Study)

12 PM HIGH NOON AFG ZOOM Virtual
Contact David S. 470-588-2621

3:00 PM DAILY READERS (CAL Book
Study) Trinity Presbyterian, 2061 Glens
Bay Rd., Surfside

6 PM HOPE FOR TODAY AFG, Pawleys
Island Community Church, 121 Alston Rd.
Turn at the light. 3rd building on left

SATURDAY

10 AM ** LUNCH BUNCH AFG, Alano
Club, 67th Ave N. & BP 17, Myrtle Beach

10 AM EXPERIENCE, STRENGTH &
HOPE AFG, Serenity Hall, 2118 Oak
Street, Conway

ALL MEETINGS ARE NON-SMOKING

** AA meets at the same time and location

20 QUESTIONS TO HELP YOU DETERMINE IF AI-ANON IS FOR YOU!

1. Do you worry about how much someone is drinking?
2. Do you have money problems because of someone else's drinking?
3. Do you tell lies to cover up for someone else's drinking?
4. Do you feel if the drinker loved you he/she would stop drinking to please you?
5. Do you blame the drinker's behavior on his/her companions?
6. Are plans frequently upset or canceled or meals delayed because of the drinker?
7. Do you make threats, such as, "If you don't stop drinking, I'll leave you"?
8. Do you secretly try to smell the drinker's breath?
9. Are you afraid to upset someone for fear it will set off a drinking bout?
10. Have you been hurt or embarrassed by a drinker's behavior?
11. Are holidays and gatherings spoiled because of drinking?
12. Have you considered calling the police for help in fear of abuse?
13. Do you search for hidden alcohol?
14. Do you ride in a car with a person who has been drinking?
15. Have you refused social invitations out of fear or anxiety?
16. Do you sometimes feel like a failure when you think of the lengths you have gone in order to control the drinker?
17. Do you think that if the drinker stopped drinking, your other problems would be solved?
18. Do you threaten to hurt yourself to scare the drinker?
19. Do you feel angry, confused or depressed most of the time?
20. Do you feel there is no one who understands your problems?

**If you answer "yes" to 5 or more, please
consider AI-Anon.**