**The Twelve Steps**

Study of these steps is essential to progress in the Al-Anon program. The principles they embody are universal, applicable to everyone, whatever his personal creed. In Al-Anon we strive for an ever deeper understanding of these steps and pray for the wisdom to apply them to our lives.

1. We admitted we were powerless over alcohol, that our lives had become unmanageable.
2. Came to believe that a power greater than ourselves could restore us to sanity.
3. Made a decision to turn our will and our lives over to the care of God as we understood Him.
4. Made a searching and fearless moral inventory of ourselves.
5. Admitted to God, to ourselves, and to another human being the exact nature of our wrongs.
6. Were entirely ready to have God remove all these defects of character.
7. Humbly asked Him to remove or shortcomings.
8. Made a list of all persons we had harmed and became willing to make amends to them all.
9. Made direct amends to such people wherever possible, except when to do so would injure them or others.
10. Continued to take personal inventory and when we were wrong, promptly admitted it.
11. Sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only for knowledge of His will for us and the power to carry that out.
12. Having had a spiritual awakening as the result of these steps, we tried to carry this message to others and to practice these principles in all our affairs.

**20 QUESTIONS TO HELP YOU DETERMINE IF AL-ANON IS FOR YOU**

Do you worry about how much someone is drinking?

Do you have money problems because of someone else’s drinking?

Do you tell lies to cover up for someone else’s drinking?

Do you feel if the drinker loved you, he/she would stop drinking to please you?

Do you blame the drinker’s behavior on his/her companions?

Are plans frequently upset or cancelled or meals delayed because of the drinker?

Do you make threats, such as, “If you don’t stop drinking, I’ll leave you”?

Do you secretly try to smell the drinker’s breath?

Are you afraid to upset someone for fear it will set off a drinking bout?

Have you been hurt or embarrassed by a drinker’s behavior?

Are holidays and gatherings spoiled because of drinking?

Have you considered calling the police for help in fear of abuse?

Do you search for hidden alcohol?

Do you ride in a car with a person who has been drinking?

Have you refused social invitations out of fear or anxiety?

Do you sometimes feel like a failure when you think of the lengths you have gone in order to control the drinker?

Do you think that if the drinker stopped drinking, your other problems would be solved?

Do you threaten to hurt yourself to scare the drinker?

Do you feel angry, confused or depressed most of the time?

Do you feel there is no one who understands your problems?

**AL-ANON & AL-ATEEN GROUPS**

**MEETING DIRECTORY**

**October 2020**

This meeting directory is NOT to be used as a mailing list or for any form of solicitation or commercial venture.

**AL-ANON PREAMBLE**

The Al-Anon Family Groups are a fellowship of relatives and friends of alcoholics who share their experience, strength and hope in order to solve their common problems. We believe alcoholism is a family illness and that changed attitudes can aid recovery.

Al-Anon is not allied with any sect, denomination, political entity, organization or institution; does not engage in any controversy; neither endorses nor opposes any cause. There are no dues for membership. Al-Anon is self-supporting through its own voluntary contributions.

Al-Anon has but one purpose: to help families of alcoholics. We do this by practicing the Twelve Steps; by welcoming and giving comfort to families of alcoholics, and by giving understanding and encouragement to the alcoholic.

www.al-anon.alateen.org 1-800-344-26666

 www.al-anon-sc.org

**SOUTH CAROLINA DISTRICT 2**

**York County
Lancaster County**

**Spartanburg County**

**Chester County**

**Al-Anon District 2 Meeting Directory,**

**Monday Meetings**

1:30 PM Stepping Stones / 12 Step

 Advent Episcopal Church

 137 S Dean Street

Spartanburg, SC 29302

6:30 PM Hope for Tomorrow

 Serenity Club

 209 Grayson Road

 Rock Hill, SC 29732

8:00 PM Tega Cay AFG

 Grace Presbyterian Church

 2955 Hwy. 160 West

 Fort Mill, Sc 29708

**Tuesday Meetings**

Noon Mid-Day Serenity

 Oakland Ave. Presbyterian Church

 421 Oakland Ave.

 Rock Hill, SC 29730

8:00 PM Fort Mill AFG

 First Baptist Church

121 Monroe White Street

 Fort Mill, SC 29715

7:30 PM Spartan Al-Anon

 157 S Pine Street

 Spartanburg, SC 29302

**Wednesday Meetings**

6:30 PM One Day at a Time

 New River Church, upstairs

 136 Carroll Cove Rd.

 Lake Wylie, SC 29720

8:00 PM Last Resort AFG

 Advent Episcopal Church

 137 S Dean St.

 Spartanburg, SC 29302

**Thursday Meetings**

12:00 Noon Peace and Serenity AFG

 3300 Mount Gallant Road

 Rock Hill, SC 29730

7:00 PM Spartanburg Thursday

 Evening AFG

 Second Presbyterian Church

 438 N. Church Street

 Spartanburg, SC 29303

7:00 PM Lancaster CO-ED AFG

 First Presbyterian Church

700 N. Main Street

Lancaster, SC 29720

8:00 PM Lake Wylie AFG

 River Hills Community Church

 104 Hamilton Ferry Road

 Lake Wylie, SC 29710

**Friday Meetings**

10:00 AM Friends of Lois AFG

 The Lake House at Sun City

 Carolina Lakes

 1353 Del Webb Blvd.

 Fort Mill, SC 29707

**Saturday Meetings**

9:00 AM Courage and Hope

 Grace Presbyterian Church

 2955 Hwy. 160 West

 Fort Mill, SC 29708

**Sunday Meetings**

5:00 PM Tega Cay Sunday Evening AFG

 15077 Molokai Dr.

 The Glennon Center basement

 Tega Cay, SC 29708

**Meeting Changes During COVID**

**Zoom Meetings**

**Tuesday Meetings**

 12:00 Noon Mid-Day Serenity

 ID 89415445271

 Password 105889

Contact-Beth K 803-367-1991

 7:00 PM Lancaster Co Ed

 ID 862538900805

 Password 679278

Contact- Pam P 803-804-1057

**Friday Meetings**

10:00 AM Friends of Lois

 ID 7562779323

 Password 402079

Contact- Gee B. 704-668-7912

**Sunday Meetings**

5:00 PM. Tega Cay Sunday Evenings

 Hybrid, call in by phone

 667-776-9404

For information on other Zoom meetings in SC, go to al-anon-sc.org